



UOL BULLETIN

UKRAINIAN ORTHODOX LEAGUE OF THE UNITED STATES OF AMERICA

Dedicated to our Church -- Devoted to its Youth

VOL. 58 NO. 7

JUNE 2012

UOL MEMBERS MOURN THE LOSS OF METROPOLITAN CONSTANTINE Vichnaya Pamyat! Memory Eternal!

On May 21, 2012, our beloved Metropolitan Constantine, Primate of the Ukrainian Orthodox Church of the USA, fell asleep in the Lord. The members of the Ukrainian Orthodox League of the USA mourn the loss of our Beloved Metropolitan Constantine of Blessed Memory. We offer our deepest condolences to the members of Metropolitan Constantine's family.

His Beatitude had always been a great supporter of the UOL and his spiritual guidance will be deeply missed.

As many are aware His Beatitude had insisted on attending the celebration of his 40th anniversary of consecration into the Episcopacy of our Holy Ukrainian Orthodox Church of the USA, even though he was only recently released from the hospital. At the celebration on May 19, Pani-Matka Mary Anne Nakonachny, UOL 1st Vice-President, presented His Beatitude with a check of \$10,000 from the UOL. This donation is to be designated as a scholarship in his honor for Seminarians of St. Sophia Seminary.

With over forty years as a bishop of the Ukrainian Orthodox Church of the USA, His Beatitude touched the lives of many in the Ukrainian Orthodox League. He spoke at retreats, he attended UOL Conventions and he reached out to all. His kind words, encouragement and love for the youth of the church was an inspiration to all members of the UOL and the Church.

His Beatitude had served the church for many years. On July 23, 1967, he was ordained to the Holy Priesthood in his home parish of St. Vladimir in Pittsburgh by Metropolitan John (Theodorovich). On May 7, 1972, Monk Constantine was consecrated in St. Vladimir Ukrainian Orthodox Cathedral in Philadelphia, PA as the first American born bishop of the Ukrainian Orthodox Church of the USA.

Always a staunch supporter of the UOL, he conducted retreats for youth and young adults throughout the USA. He was instrumental in the establishment of St. Sophia Seminary, which opened its doors in 1975. He also worked closely with the UOL effort to purchase campgrounds in Western PA in 1977 to conduct our own youth and young adult encampments. Bishop Constantine was elevated to the rank of Archbishop in 1987.



In 1993, following the death of then Metropolitan Mstyslav, who also served in his final years as Patriarch, Constantine was elected as Primate of the Ukrainian Orthodox Church of the USA.

He participated in the youth and young adult encampments at All Saints Camp since its inception 30 years ago.

He served as the Spiritual Father of the Ukrainian Orthodox League of the USA for 35 years. Metropolitan Constantine will be remembered above all for his love for the youth.

Funeral services were held at St. Vladimir Ukrainian Orthodox Church, 1810 Sidney Street, Pittsburgh on May 25th and 26th. At 7 p.m. on Friday, May 25th, the Priestly Funeral Service was conducted, led by Hierarchs His Eminence Archbishop Antony and His Grace Bishop Daniel. Faithful from around the country came to pay their respects and to grieve the loss of our beloved Hierarch.

On Saturday May 26th, Divine Liturgy and Memorial Service began at 9 a.m. at St. Vladimir Church. Faithful from throughout the country joined in a repast luncheon in honor of His Beatitude Metropolitan Constantine of Blessed Memory. Hundreds of people gathered to honor our beloved Hierarch.

The National Executive Board of the UOL has donated \$1000 to the Ukrainian Orthodox Church of USA – All Saints Camp Fund, in memory of Metropolitan Constantine.

Any UOL Members who would like to make a contribution in memory of Metropolitan Constantine are asked to make contributions to:

Ukrainian Orthodox Church of USA – All Saints Camp Fund
P. O. Box 495,
South Bound Brook, NJ 08880.

May the soul of our beloved Metropolitan Constantine rest in eternal peace – in a place where the Countenance of our Lord shines upon him – where there is no more pain, no more suffering, no more sorrow.

Memory Eternal in God's Heavenly Kingdom! Vichnaya Pamyat!

“Behold how good and pleasant it is when brothers and sisters dwell together in unity” (Psalm: 133:1)

**65TH UOL CONVENTION
ALLENTOWN, PA
July 26-29, 2012**



UOL BULLETIN - The official publication of the Ukrainian Orthodox League of the United States of America. Circulated to all UOL Members. Non-members subscription rate \$30.00
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The absolute deadline for each monthly issue is the 1st of the prior month. Photos will not be returned.

Note to Contributors: All articles submitted to the UOL Bulletin must be in 12 point Times New Roman (font), or typed and double spaced in 12 point type. Articles may be submitted via e-mail attachments. (Submit to: nsufler@aol.com). If submitting photos please be sure to obtain consent for photos to be included in the UOL Bulletin.

The editor reserves the right to condense any material submitted. Material cannot be returned.



The Church as a Spiritual Hospital

Fr. John W. Harvey

Among the general public that does not have religious affiliation, one often hears that the reason given that they keep their distance is because churches are filled with hypocrites and self-righteous people. In some cases this may be only too true, yet it is in community that God wishes us to worship Him and to serve one another's needs. Many people express that they can worship God and approach Him solely on a one to one basis without hindrance of other Christians, but you would be sore pressed to find any scriptural basis to support such a viewpoint. As an Orthodox Christian, with two thousand years of heritage, one could not conceive of a solely individual relationship with God. Having one's sins forgiven, feeding on the Body and Blood of Christ, even proper prayer can not be accomplished outside community. Jesus directed us that He is present with us when at least two or three are gathered together. This continues the Old Testament way of life in which, with blessing of Sabbath candles and welcoming of Sabbath, with offering of wine, worship is conducted in the community of one's family and that public worship, morning and evening and especially on the Sabbath is conducted in the community of the synagogue. In order to have a full Jewish life, one must live, interact and pray in community and not live in isolation.

In New Testament times, salvation is seen as emanating from and being nurtured in community. The church met in homes and often had deacons or an organization to support widows and the needy in their midst. In the Acts of the Apostles and in the Epistles of St. Paul we hear of the church existing in such and such a place or meeting at someone's house. Community is always what is implied, beginning with family. When a person comes to Christ, like Paul's jailor, one sees that he and his whole family are baptized as a consequence. This continues the pattern one sees when Jesus spoke daily at the synagogue services, where a cross-section of the local community was present.

Being baptized into Christ, one puts on Christ like a garment. To the community around, it is then expected that one should have Christ living in and through one. A high standard therefore is called for and all things should be tempered with love. This certainly is the ideal, but not everyone lives up to that high standard. Jesus Himself decries leaders who say one thing and put demands on the people and yet find a way around it for themselves. These are spoken of as blind guides and hypocrites. St. Paul as well warns people that in various communities there will arise wolves in sheep's clothing. This does not mean that people are to shun the assembly of community, but rather should be discerning when living, working and praying in community.

A local church always contains a true cross-section of people. It will include the pious and firm believers as well as sinners, and yes, hypocrites and the self righteous judgmental ones. Jesus spoke that He did not come for the righteous, but that He came for those sick with sin. The church should then be likened to a spiritual hospital. For sinners, it preaches forgiveness and teaches them to forgive others as well. For the righteous it teaches tolerance and forgiveness of one another's foibles. It takes some people a long time before they get any self-insight or even the desire to change for the better, but Christ is patient with us Christians, though we be slow to learn. In every service we pray that people come to grow in wisdom and understanding. Through preaching, the sacraments and the Liturgy (the common service) every opportunity is given in the scope of community to teach and provide an atmosphere for enlivening unto Christ.

In every church you certainly will find people who wear the sign of Christians, but do not live up to the calling. It is a self deception and waste of time to go through just the external motions. Without the love and forgiveness, those who go through solely the outward Christian actions do not fool God, and are condemned. The call of John the Baptist and Jesus was "repent for the Kingdom of God IS at hand." Repentance does not mean a vague FEELING of being

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MESSAGE FROM THE SENIOR UOL PRESIDENT

Martha X Misko



It is with great sadness that we, the members of the Ukrainian Orthodox League of the USA, mourn the loss of our Beloved Metropolitan Constantine of Blessed Memory. We offer condolences to our brothers and sisters of the Ukrainian Orthodox Church of the USA and especially to the members of Metropolitan Constantine's family.

His Beatitude had always been a great supporter and most active participant of our organization. We will most sorely miss his love, inspiration, and spiritual guidance.

May he rest in peace and may his memory be eternal!

In retrospect it appears that His Beatitude had insisted on attending, although recently released from the hospital, the celebration of his 40th anniversary of consecration into the Episcopacy of our Holy Ukrainian Orthodox Church of the USA, possibly as a "good-bye" to all of the faithful who gathered together on the occasion. At the celebration on May 19, Pani-Matka Mary Anne Nakonachny, UOL 1st Vice-President, presented His Beatitude with a check of \$10,000 from the UOL to be designated as a scholarship in his honor for Seminarians of St. Sophia Seminary. As His Beatitude was always aware of our responsibility to strengthen our Holy Orthodox Faith for future generations, it is fitting that this scholarship will be awarded to future priests in his memory.

This issue of the UOL Bulletin is a reminder that the 2011-2012 UOL year is swiftly concluding. I trust that each Chapter and all members had a spiritually and socially rewarding year. Hopefully, you will all join us at the 65th UOL Convention in Allentown, PA this July to share your UOL experiences.

Recently, the National Executive Board convened for its Spring meeting in Allentown on April 28. The Allentown Chapter was most gracious and gave us a preview of Lehigh Valley hospitality!

During the meeting on April 28, the National Executive Board summarized its projects for the year and developed an agenda for the upcoming Convention. The focus of this year's Convention will review the VISION FOR 2020, as set forth at the 63rd Convention, in order to set the tone for the UOL's work for 2012-2013 and beyond.

The NEB has concentrated this year, along with completing its annual projects, on increasing UOL membership and UOL awareness throughout the Ukrainian Orthodox Church of the USA. This task is great and cannot be the NEB's alone. ALL members need to promote the UOL and its work for our Church! And, it's not too late to increase membership and awareness this year! Encourage your chapter members and other parishioners to attend the UOL Convention. The enthusiasm and spirituality generated at a UOL Convention often filters back to home parishes and ultimately creates strong UOL members and faithful Orthodox Christians!

I would be remiss if I did not publicly thank the Young Adults Commission of the UOL for conducting two very successful Lenten Retreats. The UOL Lenten Retreat in Bethlehem, PA, chaired by Oleh and Natalie Bilynsky, and the UOL Lenten Retreat in Villa Maria, PA, chaired by Diane Senedak and Melanie Nakonachny, were both uplifting and reflective during our Lenten journeys.

I would also like to thank those individuals who volunteered to monitor the parking lots at our Diocesan Center in South Bound Brook, NJ on St. Thomas Sunday Weekend. Members collected donations for parking and attendance ribbons. The monies collected for the ribbons will benefit the pledge of the UOL to raise \$10,000 in three years to be used by St. Sophia Seminary to support professional staffing and curriculum resources for its students. During this weekend the UOL invited individuals to join together at a barbeque, hosted by Bishop Daniel, on the Seminary grounds, and for an evening of bowling at a local venue. A great time was had by all!

Lastly, it has been my honor and my pleasure to have served as UOL President again this year. To have worked with all of you and, especially a dedicated National Executive Board, has been a most rewarding experience. I look forward to being with you at the Convention as we plan for another year of service to our UOL and our Church.

I remain yours in Christ,
Martha X. Misko

“Behold how good and pleasant it is when brothers and sisters dwell together in unity.” (Psalm 133:1)

**65th Annual UOL Convention
Hosted by
The Protection of the Virgin Mary (Pokrova) Parish
UOL Chapters
Allentown, PA
July 26-29, 2012**

By the time that this issue of the *Bulletin* arrives in respected newstands or your mailbox, it will almost be time to pack your bags and make the voyage to the Lehigh Valley for the Convention!

The Convention Committee is currently hard at work as they prepare for your imminent arrival and would like to take this opportunity to pass along some last-minute details about the events of the week. To the bullet points:

*If you would like to participate in the beaded necklace workshop, please contact Christine Zimmerman at jzimmerman6597@gmail.com. We need to gauge interest in this workshop so we can purchase the proper amount of supplies. Thanks!

*The menu options for Saturday’s Banquet and Ball:

-Chicken Cordon Bleu	-Grilled Salmon
-Grilled Vegetable and Polenta Lasagna	-Roasted Pork Loin

*As part of our Christmas in July Convention theme, we will be holding a raffle of the beautifully decorated Trees that are festively displayed in our Parish Breezeway. Some examples:



Please re-read past issues of the *Bulletin* or visit <http://uol.orthodoxws.com/conventionweek.html> to find out more about the other activities and events planned for the Convention week.

Hopefully the next

time we see you it will be on a sunny day in late July in the Lehigh Valley. On behalf of the entire Convention Committee, we invite you to Come and See **“how good and pleasant it is when brothers and sisters dwell together in unity.”**



For more information, please visit our Convention website: <http://uol.orthodoxws.com/2012convention.html>

To book a room at the rate of \$99. per night, please visit <http://www.lehighvalleyhotel.com/> or call (610) 866-5800.

Calling all Altar Servers- Past and Present

At this year’s convention, we would like to honor your service to the Church. Please bring vestments or let us know if you will need them. All servers, past and present, will be asked during Thursday’s and Sunday’s Liturgy to come and lead the faithful in reciting the Creed.

1. How long have/had you served?
2. Share some memories, insights or feelings about your service.
3. Have/had you ever thought about becoming a priest?
4. If yes, what inspired you?
5. If no, what discouraged you?

Your past and present service is a great gift to the Church and we honor it. Please email or mail your survey responses to: Fr. Myron Oryhon e-mail frmyron@ptd.net or mail to 1045 Fullerton Avenue, Allentown 18102

**NEWS FROM THE
JUNIOR UOL PRESIDENT**



Gregory Markiw

Glory to Jesus Christ!

Summer is here! I cannot believe how fast this past year has gone. We will all be gathering in Allentown, PA very soon to take part in the 65th Annual UOL Convention. The Spring Meeting of the NEB was held in Allentown, PA the weekend of April 27-29, 2012. The members of Allentown’s Senior and Junior UOL were wonderful hosts and it is clear to see that they have been working hard to make this year’s convention one to remember! I look forward to seeing everyone there and hope to see a few new faces too!

At this year’s Convention, the Jr. UOL will be having a brand new event. We will be hosting a “Mr. and Miss UOL Pageant” at the Friday night event! This is open to both the Junior and Senior UOLers. The pageant will be broken into three parts. First, there will be a fashion show, where contestants will sport their most fashionable Ukrainian/Hawaiian dress. Next, there will be a talent portion where contestants will delight the crowd with a brief show of one of their talents. Lastly, contestants will answer a question from a panel of judges including His Grace Bishop Daniel and more! We ask that if you are interested in competing that you let Katie Zimmerman know. She can be contacted through email at gymnastzimm94@gmail.com.

As the convention approaches, I would like to remind all the Junior Chapters to return the completed Chapter Annual Report and Chapter Donation forms. These should be turned in as soon as possible. If you haven’t received your chapter’s copy or simply misplaced it, don’t worry – all of our forms are available on the Junior UOL Webpage: http://www.uol.orthodoxws.com/junior_uol.html.

All chapters should have received their Annual Raffle Tickets. This is the largest Junior UOL fundraiser and each year the suspense builds at the annual convention where the winning ticket is pulled. Don’t let fellow parishioners miss their chance to be a part of this exciting drawing – sell them some tickets, they’ll be glad you did! Please return all the ticket stubs and a chapter check for the tickets your chapter members sold to Fundraiser Chair, Nick Holowko. In the off chance that you may have any leftover tickets, you can also return them to Nick any time prior to the convention.

Another important program is the Annual Cultural Contest. Everyone is invited to participate, both Senior and Junior members. This contest provides a great opportunity to showcase the craftwork of our Ukrainian heritage. Please see the flyer in this UOL Bulletin issue for more details.

Lastly, I want to talk about the 2012 Great Lent Giveaway. This year it was held to benefit the Ukrainian Orthodox Church High School Mission Trip. In 2011 the Jr. UOL Convention Body chose to support the High School mission trips by initiating a grant to aid trip participants financially. The Consistory Office of Youth & Young Adult Ministry along with the Jr. UOL sponsored the Great Lent Giveaway in an effort to educate our youth about Orthodox mission work. The 2012 High School Mission Trip will be to St. Augustine, FL to work with the Orthodox Christian Mission Center and give aid to the poor in the local community. If you have any questions, please contact Justina Mills at jamills194@comcast.net.

I would like to take this opportunity to thank Katie, Nick, Justina, Liz and Lynn for all their efforts this year on behalf of all the Jr. UOL members. I also would like to thank our Spiritual Advisor, Fr. Anthony Ugolnik and our Senior Advisor, Tabitha Houck for their support and guidance throughout this year – we couldn’t have done it without you both!

I pray that all of you have an enjoyable and safe summer. I look forward to spending time with you soon in sunny Allentown!

Peace and Love,
Gregory Markiw

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sorry, but rather to be deemed as true, metanoia must take place. Metanoia is shown by making a choice to change what we are doing wrong in our life. The ideal would be a change of heart, a modification of one’s mindset and a positive example of a different approach to life.

Again, the church does contain some hypocrites, but being the spiritual hospital, it is hoped that all will eventually be transformed in the end. We are all on the way to transformation and this too is best done in community, where we are to serve one another as well as the Lord. Don’t judge Christians or churches too hard, some folks are in spiritual hospital therapy, but as in the world, a certain number refuse to abide by medical advice and insist on doing their own thing, to their own and everyone else’s detriment.

2012 U.O.L. LENTEN RETREAT - A HUGE SUCCESS!



Sharing our Faith at the Annual UOL Lenten Retreat in Villa Maria, PA

All in attendance enjoyed a wonderful and spiritual event during the "Follow Me" theme based Jr/Sr UOL Lenten Retreat, which revolved around Great Lent Services. This event was held on March 17th, 2012, at the majestic Villa Maria Retreat Center. On this glorious, sunny day, the inspirational guest speakers were Fr. David Rucker, Associate Director of the Orthodox Christian Mission Center, St. Augustine, FL, and Fr. John Haluszczak, St. Vladimir Ukrainian Orthodox Church, Southside Pittsburgh, PA. In addition, V. Rev. John Nakonachny, of St. Vladimir Ukrainian Orthodox Cathedral, Parma, Ohio, was our Spiritual Advisor. The participants are most appreciative for his insight and guidance throughout the retreat planning.

In all, there were participants from eight parishes with seven clergy present. V. Rev. John Harvey, Sts. Peter & Paul Ukrainian Orthodox Church, Youngstown, Ohio and the clergy present conducted the beautiful morning and Vesper services. V. Rev. Daniel Rohan, St. Mark Antiochian Orthodox Church, Youngstown, Ohio, offered counsel and direction in hearing participant confessions. Also, V. Rev. John Nakonachny conducted the angelic voices of the choir.

Our day started with a serene morning prayer service. Following prayers, retreat participants enjoyed a delicious continental breakfast. We then attended the first two workshops of the day, conducted by Fr. David Rucker. The first workshop was entitled: "How to Live Your Whole Life in One Week" in which Fr. David taught from Philippians 2:5-11, illustrating the "self-emptying" (kenosis) of rights and expectations to God out of a personal relationship of love and trust with the Father, through the life of His only-begotten Son, by the grace and power of the Holy Spirit. Fr. David used a real, true, and humorous story of how God used a Boa Constrictor to begin teaching him this very lesson early in life.

The second workshop continued the Lenten theme of "self-emptying" through a series of teaching tools and illustrations based on Galatians 6:7-10 and was entitled "Sunday (Pascha) is Coming!" Fr. David illustrated our journey to Pascha through three principles from the Scriptural passage: 1) We reap what we sow; 2) We reap later than we sow; 3) We reap more than we sow, in an effort to help our young adults better understand cause and effect, empowering them to choose to "sow the right seeds" while waiting for an intentional "harvest" of fruit that will be good as well as eternal.

Fr. Rucker reflected upon the retreat and stated, "It was a great joy to speak at the Lenten retreat with my brothers and sisters of our Ukrainian Orthodox Church at the beautiful Villa Maria Retreat Center, joining in faith, together."

We appreciate Fr. Rucker, who through God's blessing so graciously accepted our invitation, for he and his son Andrew traveled a great distance to speak at our humble event. Thank you, Fr. David for your kindness and wisdom in helping us to better understand our relationship with Him.

After our second workshop, our fellowship continued with an amazing Lenten lunch, which was followed by browsing at the Villa Shoppe and exploring the grounds of the beautiful Villa Maria complex.

Next, our third workshop entitled: "The Presanctified Gifts," was conducted by Fr. John Haluszczak. Fr. John taught us the history of the ancient service of our Orthodox faith called the Liturgy of the Presanctified Gifts. The evening liturgy service is the solemn Lenten Vespers with the addition of Holy Communion. Consecration of the Eucharistic gifts does not take place during the Presanctified liturgy. The Eucharistic

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Thank you! Thank you! Thank you! Thank you! Thank you!

Thank you to everyone who has contributed to the Annual Fund Drive which includes UOL Projects, the Lynn Sawchuk-Sharon Kuzbyt Scholarship Fund and the Metropolitan John Scholarship Fund! The following is a list of contributions made so far to our Fund Drive. Total contributions are \$5444.

UOL PROJECTS - TOTAL CONTRIBUTION \$1474.

HELEN KASPRYK
DAREEN AND MICHAEL JOGAN
MARTHA AND MICHAEL MISKO
REV. AND PANI MATKA JOHN R. NAKONACHNY
PETER AND KAREN KONCHAK - IN MEMORY OF MARIE SENYSHYN
DENNIS AND ALEXANDRA RITTER
JOHN W. RODITSKI
CHARISSA SHEPTAK
SR UOL, PHILADELPHIA, PA
SR UOL, CARTERET, NJ - IN HONOR OF HIS BEATITUDE
METROPOLITAN CONSTANTINE ON THE 40TH ANNIVERSARY OF
HIS CONSECRATION TO THE EPISCOPACY
ANDREW SERRAY
MR. AND MRS. DENNIS RITTER
OLGA SENEDAK - IN MEMORY OF CHARLES SENEDAK
CATHERINE SHAFFER - IN MEMORY OF GEORGE SHAFFER
IRENE PASHESNIK
EDWARD ZETICK
IRENE CARMAN
JANE K. YAVAROW
DAVID ZAIKA
CATHERINE KOCHENASH - IN MEMORY OF MY FAMILY
HOLY VIRGIN UOC, ARNOLD, PA
SR UOL, SHARON, PA
PAULINE WITKOWSKY
SR UOL, PALOS PARK, IL
ST. VOLODYMYR UOC, CHICAGO, IL

LSSK - TOTAL CONTRIBUTION \$1735.

MARTHA AND MICHAEL MISKO
PETER AND KAREN KONCHAK - IN MEMORY OF LYNN SAWCHUK
JOHN W. RODITSKI
ROSE BOYKAS
DARIA PISHKO & MICHAEL KOMICHAK
SR UOL, PHILADELPHIA, PA
SR UOL, CARTERET, NJ - IN HONOR OF HIS BEATITUDE
METROPOLITAN CONSTANTINE ON THE 40TH ANNIVERSARY OF
HIS CONSECRATION TO THE EPISCOPACY
CATHERINE SHAFFER - IN MEMORY OF GEORGE SHAFFER
IRENE PASHESNIK
IRENE CARMAN
EDWARD ZETICK
DAVID ZAIKA
KAREN FERRARO
SR UOL, SHARON, PA
SR UOL, PALOS PARK, IL
SR UOL, NORTHAMPTON, PA

MJSF - TOTAL CONTRIBUTION \$2235.

DAREEN AND MICHAEL JOGAN
MARTHA AND MICHAEL MISKO
PETER AND KAREN KONCHAK - IN MEMORY OF FR. FRANK
ESTOCIN
JOHN W. RODITSKI
CORNELIA YAVAROW
DARIA PISHKO & MICHAEL KOMICHAK
SR UOL, PHILADELPHIA, PA
SR UOL, CARTERET, NJ - IN HONOR OF HIS BEATITUDE
METROPOLITAN CONSTANTINE ON THE 40TH ANNIVERSARY OF
HIS CONSECRATION TO THE EPISCOPACY
IRENE PASHESNIK
IRENE CARMAN
EDWARD ZETICK
DAVID ZAIKA
CATHERINE KOCHENASH
CHARISSA SHEPTAK AND DAVID MARTIN
SR UOL, SHARON, PA
SR UOL, PALOS PARK, IL
SR UOL, NORTHAMPTON, PA

Thank you! Thank you! Thank you! Thank you! Thank you!

First Annual Seminary Open House

The National Executive Board planned a special event for the Saturday of St. Thomas Weekend. His Grace Bishop Daniel hosted an Open House at the Seminary. At five o'clock, after parking duty was complete UOL members and friends gathered at the Seminary for a Barbecue. Over 65 people enjoyed a delicious barbecue with hamburgers, hot dogs, salads and desserts. His Eminence Archbishop Antony and His Grace Bishop Daniel, along with all of the seminarians, enjoyed the barbecue. The seminarians manned the grill and prepared a delicious feast. The Seminary porch was set with tables and it was a sunny warm evening. It was a wonderful time to gather and to enjoy the fellowship with others who came for the weekend.

Following dinner His Grace Bishop Daniel gave a tour of the Seminary. The tour explained the history of the building and let everyone see the beautiful chapel that was consecrated several years ago. When the tour finished and everyone



came out to the front of the Seminary His Beatitude Metropolitan Constantine had just arrived. It was a wonderful opportunity for the group to greet His Beatitude. He spoke to the group and it was a blessing that the group was able to enjoy his company. It was wonderful to enjoy His Beatitude's company several

Later that evening over 40 people went bowling at a local bowling alley. The Seminarians and UOL members and friends from Silver Spring, Maplewood, Palos Park, Carteret, Philadelphia, Coatesville, Johnson City and New York enjoyed the evening bowling. It was a leisurely way to enjoy the weekend and to spend time together.



In addition to the wonderful time enjoyed by all, we were able to raise over \$260 for the Seminary. The National Board is already talking about making this an annual event. Thank you to His Grace Bishop Daniel and the Seminarians for their hospitality!



weeks before his passing. We will all miss His Beatitude of Blessed Memory! We are grateful that we had the joyous opportunity to have him greet all the UOL Members who came to the St. Thomas Pilgrimage.





gifts are sanctified at the celebration of the Divine Liturgy on the previous Sunday. Holy Communion is given during this service, unless the feast of the Annunciation should occur, hence the name of "Presanctified." In addition, Fr. John focused on how many of the evening prayer services are similar in structure, and that the Presanctified Liturgy is one that is served specifically during Great Lent.

Our fourth and final workshop, also instructed by Fr. John, was called "St. Ephraim's Prayer." The Lenten prayer of St. Ephraim may get muddled

a bit during our own translation. We may get "hung up" on a particular word or phrase written in this prayer but it can be used as tool to refocus and discipline our spiritual lives. This insightful prayer is used for self-examination, a kind of "spiritual checklist," the prayer offers much to help us to realize the place we are at spiritually in our journey during Great Lent. Through this realization becomes the action that we need to go forward or upwards. The teachings of this prayer focus on



our ability to realize and address our own errors, to refrain from judging others and also to encourage us to participate in a full relationship with Him Who is "blessed unto ages of ages." Amen!

The Prayer of St. Ephraim

O Lord and Master of my life! Take from me the spirit of sloth, despair, lust of power and idle talk. But give rather the spirit of chastity, humility, patience and love to Thy servant. Yea, O Lord and King, grant me to see my own transgressions and not to judge my brother, For blessed art Thou unto ages of ages. Amen.



We thank Fr. John for his kindness and wisdom in teaching us the truth of His word as he encouraged the participants to take time during Great Lent to try to make our spiritual lives a priority.

In conclusion, we finished our day with an uplifting Vesper service and a light Lenten dinner, shared in the spirit of faith and goodwill.

All in all, we took with us something spiritually edifying from the beauty of the day that we shared together, helping prepare us further for our journey toward Pascha!

Pre- Junior Program

At the National Executive Board the "Pre-Junior" Program was discussed. The ages of Pre-Junior UOL Convention participants will be 7-9 years of age. As in previous Conventions, juniors between the ages of 10 and 18 years will attend Junior Convention sessions. Convention attendees younger than 7 years old will be the responsibility of the parents. Children must be between the ages of 7 and 9 to participate in the Pre-Junior Program. Beth Harendza of Johnson City, New York is the Pre-Junior Coordinator. She will be planning the programming for the Pre-Juniors who attend the Convention. In the coming months you will be receiving registration forms from the Allentown Convention Committee. As part of the registration packet, there will be forms specifically for Juniors and Pre-Juniors. These include chaperone and medical forms for Juniors and Pre-Juniors. Please encourage all of your Juniors and Pre-Juniors to attend the Convention.

St. Thomas Pilgrimage 2012

On April 28th and 29th UOL members joined Ukrainian Orthodox faithful for the St. Thomas Pilgrimage in South Bound Brook, New Jersey. For the last seven years UOL members have volunteered helping with parking duties for both days.

The responsibilities included selling commemorative ribbons and collecting parking fees. The proceeds made from the sale of commemorative ribbons were donated to the Metropolitan John Scholarship Fund. Parking fees are allocated for the Consistory and for the expenses of the weekend, including bus transportation and set-up for the thousands of people who come to South Bound Brook to have Panakhydas to honor loved ones of blessed memory. As part of the Pilgrimage South Bound Brook was a place to see old friends and to see a variety of cultural and religious items that were for sale. This year, parking duties had an extra challenge with a dance competition in the Cultural Center. Therefore a large tent was placed in the parking lot for all of the cultural sales. There were multiple



vendors with religious items like icons and books, as well as jewelry, music and pysanky. Weather cooperated on Saturday with a bright sunny day. Members of the UOL guided cars onto the field and sold commemorative ribbons. Sunday was a bigger challenge with a rainy day from morning to afternoon. This year several chapters were represented in the parking duties, including: Maplewood, Carteret, Johnson City, Coatesville, Allentown and Philadelphia.

2012 UOL Cultural Contest

The Junior UOL is sponsoring the seventh Annual Cultural Contest open to both Juniors and Seniors. We hope to have many entries from individuals of all ages. All entries will be displayed during the business sessions throughout the 2012 UOL convention in Allentown, PA.

Contest entries will be group into two categories, Junior and Senior. Official voting ballots will be distributed to all delegates of the convention. All votes will be placed in a ballot box next to the entries. Contest entries may consist of anything that involves Ukrainian heritage and culture. Embroidery, pysanky, drawings, and icons are all good examples of entries; however, this is a very limited list. There are no boundaries for this contest, as entries can be any homemade Ukrainian item.



Participants that wish to enter the contest must complete the form which can be returned to me by mail or in person at the convention. They should not put any personal information such as their name or parish name on the entry itself. The entries themselves must be submitted at the Convention no later than 12:00 Noon on Thursday, July 26, 2012.

If you have any questions, please feel free to contact lizrhershey@aol.com.

**2012 Great Lent Giveaway
Submitted by Gregory Markiw**

With the blessing of the Council of Bishops of the Ukrainian Orthodox Church of the USA we would like to announce that the 2012 Great Lent Giveaway will benefit the Ukrainian Orthodox Church High School Mission Trip. In 2003, our Holy Ukrainian Orthodox Church began providing short term missionary experiences for teenagers!

These life-transformative trips are a unique opportunity for the teenagers of the Church to serve others as Christ did. The 2011 Jr. UOL Convention body chose to support these trips by initiating a grant to aid trip participants financially. The Consistory Office of Youth & Young Adult Ministry is working with the Jr. UOL through the Great Lent Giveaway to bring together all youth of the church to realize this goal as well as educating our youth about Orthodox mission work.

The 2012 High School Mission Trip will be to St. Augustine, FL to work with the Orthodox Christian Mission Center and give aid to the poor in the local community.

Any monies collected may be sent to: Consistory Office of Youth & Young Adult Ministry PO Box 869 Carnegie, PA 15106. If you have any questions please feel free to contact Mrs. Natalie Kapeluck-Nixon at uocyouth@aol.com or Jr. UOL representative Justina Mills at jamills194@comcast.net.

**News from St. John the Baptist Parish in Johnson City, NY.
Submitted by Fr. Zinoviy Zharsky**

Our parish Jr. UOL chapter and parents spent a day together on Saturday, April 28, 2012. We started the day with a work session making varenyky for



the Ukrainian Day Festival, then in the afternoon we visited a local orthodox church and talked about the holy church traditions, and afterwards we went to Chuck E. Cheese. The day ended with Vespers Service. We all had a good time.

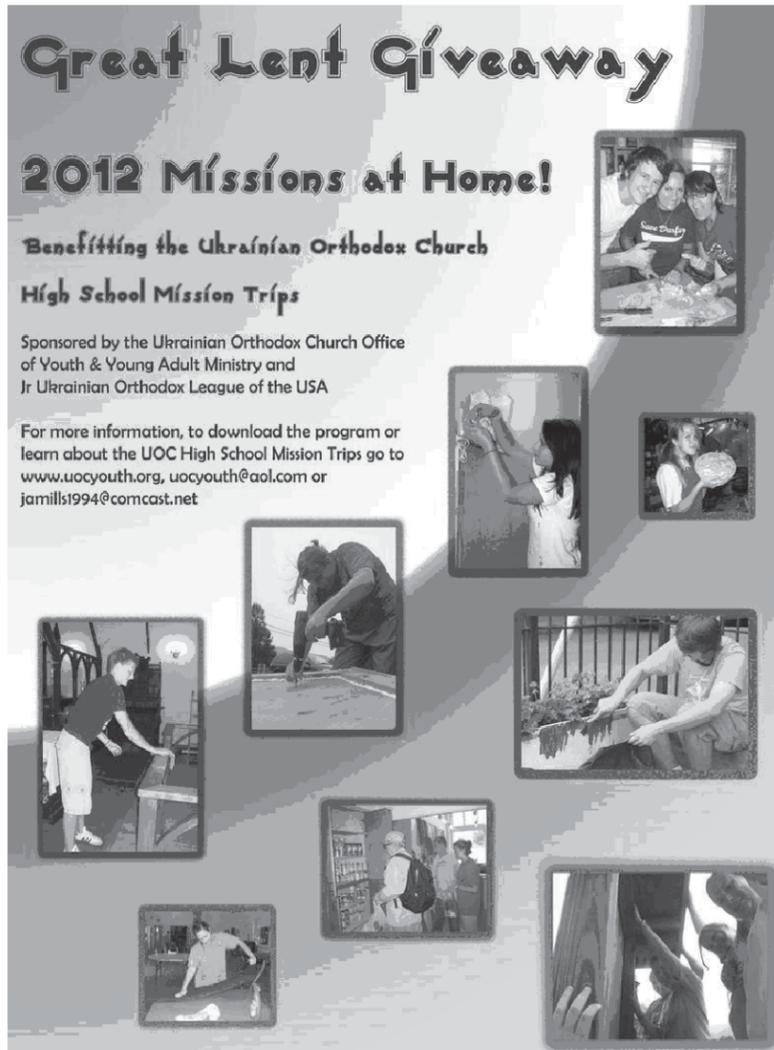
**65th Annual UOL Convention
Allentown, PA July 26-29, 2012
PACKET PRICES:
(before June 15, 2012)
Senior Delegate/Guest/Clergy \$195
Junior Delegate/Guest \$185
Pre-Junior \$100**

**(after June 15, 2012)
Senior Delegate/Guest/Clergy \$215
Junior Delegate/Guest \$205**



**ATTENTION: SENIOR UOL CONVENTION
GUESTS ONLY
SATURDAY JULY 28, 2012
BUS TRIP TO YUENGLING BREWERY
8:00 am air-conditioned bus leaves
10:00 Tour begins at the Brewery
Return trip stop at Cabela's
\$27.00 round trip (with box lunch)
Seats are limited**

**Please send your reservation and (nonrefundable) check payable to:
65th UOL Convention
Sandy Ritter 3041 Ridon Ct. Bethlehem, PA 18020-1252
any questions? contact: jjzimmerman6597@gmail.com.**



Now announcing Mister and Miss UOL!

The Junior UOL is hosting a special pageant this year at Allentown's Convention! It will be held Friday night, July 27th. Do you want to be known as Mister or Miss UOL? Anyone can enter! You will be asked a question from our panel of judges, perform a 3 minute talent, and you will be judged on your best Ukie/Hawaiian wear! BUT, we must know in advance so sign up by June 30th!



If you don't wish to participate, then vote for your favorite candidate! Ballots will be \$.25 a piece and proceeds go to the Consistory. All entries must email Katie Zimmerman at gymnastzimm94@gmail.com or call at (484) 239-1638. For all questions contact Katie as well.



**65th UOL CONVENTION REGISTRATION July 26-29, 2012
Hosted by St. Mary, Protection of the Holy Theotokos
Sr & Jr UOL Chapters-Allentown, PA**

Name: _____ **e-mail:** _____
Address: _____
Phone: Day: _____
Evening: _____
Chapter/City: _____

Packet Prices (before June 15, 2012)
Senior Delegate/Guest/Clergy \$195 Junior Delegate/Guest \$185
Pre-Junior \$100

(after June 15, 2012)
Senior Delegate/Guest/Clergy \$215 Junior Delegate/Guest \$205

**Make checks payable to: 65th UOL Convention
Mail completed form with payment to:
Panimatka Linda Oryhon 623 Jennings Street, Endicott, NY 13760
email: frmyron@ptd.net 607.785.4438**

Hotel Registration: Best Western Lehigh Valley Hotel and Conference Center 300 Gateway Drive, Bethlehem, PA. Call 610.866.5800 www.lehighvalleyhotel.com to reserve your room by June 15 at the convention rate of \$99/room/night +tax. Complimentary breakfast included. Rate is available 2 days before and after the convention.

Will Pre-Junior attend our Pre-Junior program? Yes No
Are/Were you an Altar Server? Currently Former
If yes, will you bring vestments? Yes No

Banquet Choices:
Chicken Seafood Vegetarian Child (under 13)
*** Please list any food allergies or dietary restrictions:**

**Any questions, contact: Convention Co-Chairs:
Dennis Ritter 610.865.6870 Christine Zimmerman 610.282.4170**

Family Fest 2012 August 31 to September 3, 2012



There is no better place to spend Labor
Day Weekend than
All Saints Camp!

Make your plans now for a wonderful
weekend filled with family,
friends, games, good food, and
relaxation!

Come for the Annual
Kickball Tournament!

The weekend is a wonderful way to end
the summer!

For more information contact Christine Mills at cmills63@comcast.net
412-716-0562

**Something for Everyone at
All Saints Camp!**

Family Fun!
ASC Open House
May 5, 2012

Contact
Pani Matka Mary Anne
Nakonachny
nackos3201@gmail.com
- or -
Christine Mills
cmills63@comcast.net

Family Fest
Aug 31—Sept 3, 2012

Contact
Christine Mills
cmills63@comcast.net

Retreats!
Young Adults Memorial Weekend Retreat
May 25-28, 2012

Contact
Emily Kominko
cutelicheesebal@aol.com

Work Weekends!
April 27-29, 2012
May 18-25, 2012

Contact
Michael Nakonachny
(mjnako@bryantstratton.edu)
Hans Harasimchuk
(hmharasimchuk@gmail.com)
Eric Senedak
(emsenedak@gmail.com)

Encampments!
Diocesan Church School Camp
June 24—July 7, 2012

Teenage Conference
July 8—July 21, 2012

Mommy/Me & Daddy/Me
July 30—Aug 3, 2012

Contact
Natalie Kapeluck Nixon
uocyouth@aol.com

www.allsaintscamp.org

U A donation to the Tribute Fund is an acknowledgment of a
O Milestone, Memorial, or Accomplishment, or is a Special
L Recognition of an individual or group. Your much-
appreciated contribution is used to support and further the
Mission of the Ukrainian Orthodox League. All donations
are published in the UOL Bulletin.

Donor

Occasion/Tribute

T Steve and Alice
R Sivulich

In memory of Xenia Sheska, our
dearly loved friend.
Memory Eternal!

I Steve and Alice
B Sivulich

Our dear friend, Martin Sheska, of
Assumption of Virgin Mary,
Northampton PA, who followed his
beloved wife Xenia to eternal rest just
three weeks after her passing.
Memory Eternal!

U T E S

To submit your Tribute: Submit a card that includes your Name
and Address, the Name of the Person to Receive the Tribute, the
occasion of the Tribute (for example In Memory of or To Honor),
and the Name and Address of the person to whom an
acknowledgement card should be sent. For a contribution of \$20
or more, the name and occasion is printed in the UOL Bulletin.

UOL Tributes should be submitted to:

Natalie Bilynsky 703 Pine Ridge Road Media, PA 19063.

Please make check payable to Ukrainian Orthodox League.

ATTENTION BULLETIN READERS:

**We haven't moved but our post office has -
when submitting items for the UOL Bulletin -
please note the change in address:**

Natalie Bilynsky 703 Pine Ridge Road MEDIA, PA 19063

UOL Bulletin
c/o Natalie Bilynsky
703 Pine Ridge Road
Media, PA 19063

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FESTIVAL

85th St. John's "Ukrainian Days" Festival Weekend

Saturday, July 21 1pm - 8pm
Sunday, July 22 11am - 6pm

**Ukrainian food and pastries - Holubtsi, pirohi, kolbasa,
kolachky, nut rolls.**

**Live entertainment, dancing, gift shop, pysanky
demonstrations and church tours.**

Large tent, grilled foods and children's games.

**St. John's Ukrainian Choir and Folk dancers
Saturday July 21, 3 PM, free concert**

**Sponsored by: St. John's Ukrainian Orthodox Church
1 St. John's Parkway (off Harry L Drive)
Johnson City, NY 13790**

Contact: 607- 729-1729 or visit www.stjohnuoc.com