Lenten Retreat at Villa Maria
Submitted by Emily Kominko

The Villa Maria Retreat Center, which is located in beautiful Pulaski, Pennsylvania, was home to one of this year’s Lenten Retreats. Out of thirty-nine retreat participants from Ohio, Pennsylvania, and Michigan, eight are members of the Sisterhood and ten are Young Adults and Junior UOL members. The retreat began with Morning Prayers which were led by Fr. John Harvey of Youngstown, Ohio. Then, Fr. Bob Popichak spoke to the participants about responsibility. As Orthodox Christians, we are responsible for our own actions. After we partake in the Sacrament of Holy Confession, it is our responsibility to work for a better change in our lives. Following Fr. Bob Popichak’s presentation, Fr. Demetrius Colozarro from Pittsburgh, Pennsylvania spoke about the Prayer of St. Ephraim. Moving through the prayer line by line, Fr. Demetrius explained this prayer to help the participants understand its meaning.

After lunch, Sister Therese Pavilonis of the Sisters of the Humility of Mary, who live in Villa Maria, explained the use of a Labyrinth with the assistance of Fr. John Harvey. Many of the retreat participants followed the maze of the Labyrinth to get to the center, stand in prayer, and follow it back out. This was a prayerful and reflective time for all who chose to partake.

Following the Labyrinth, Fr. Demetrius Colozarro spoke once again, this time on the Liturgy of St. Basil. He also answered questions about the Lenten Season. Fr. John Harvey along with Fr. Daniel Rohan from Youngstown, Ohio served Vespers in the evening, with Fr. John Nakonachny from Parma, Ohio leading the choir.

UOL Retreat 2010 Bethlehem, PA

For the last six years junior and senior UOL members have gathered in Bethlehem at the St. Francis Retreat Center during Great Lent to rejuvenate and be inspired. One of the greatest aspects of the retreat is hearing from UOL members how the retreat has impacted them. Several years ago the retreat focused on the services of Holy Week and several juniors shared with me that they attended the Bridegroom Services for the first time. Last year after a discussion with Fr. Myron Oryhon at the retreat focusing on saints, we talked about how important it was to be centered around the church, and the Philadelphia Senior UOL Chapter planned Thursday evenings at church for the summer. Additionally, many individuals spoke about the impact of hearing clergy talk about their personal calling to the priesthood. We are hopeful that this year, like the last six years, the retreat will influence the participants.

This year over fifty UOL Members and guests participated in the east coast Lenten retreat. UOL members from Johnson City, Maplewood, Philadelphia, Allentown, South Bound Brook, Northampton, and Carteret participated in the retreat focusing on confession. It is rare to find an activity that is considered a success by both young adolescents and adults, however, the retreat was just that. The Retreat focused on Confession and included a panel where participants could ask any questions they had about confession.

This year the Retreat was scheduled for one full day starting with morning prayers and breakfast at the Center. Fr. Myron Oryhon led morning prayers and served as the Spiritual Father for the Retreat. The prayer services were a highlight of the retreat, with voices of all ages singing together to glorify our Lord. Fr. Bazyl Zawierucha was the first speaker and he spoke eloquently about guidelines for Confession. Next Fr. Taras Chubenko spoke about how to prepare for Holy Confession. Following these inspiring lectures, the group enjoyed lunch and free time where many walked the grounds of the retreat center.

(continued on page 2)
responded to our appeals: We are truly pleased to acknowledge those few who most recently have responded as you have always in the past. It is crucial it is to our continued growth and strength that we have well educated and UOL Sr. and Jr. Chapters to contribute in this effort. We all know how faithful in our parishes, as well as parish boards of administrations, Sisterhoods, and appeals for donations during its annual Fund Drive. We are asking all of the recognition of the choice to pursue a vocation to serve in our Church. We help defray the financial burden of a seminary education, but also as a purpose of the Metropolitan John Scholarships and Grants is not only to support the education of our clergy but to further their professional development. The purpose of the Metropolitan John Scholarships and Grants is not only to support their education but also to further the professional development of our clergy.

James Cairns, Francis Rella, Nicholas Zachary and Bohdan Khromenko. They attend six hours of classes once a month on a Friday and Saturday. They are Rev. Fr. John Haluszczak, Hierdeacon Vasyl Janick, Deacons Borislav Kroner and Ivan Synevsky as at Holy Cross Seminary in Brookline, Mass. All had applied and satisfied the requirements of the Seminary's Vocations and Clergy Support Commission to be eligible for this program. The purpose of the Metropolitan John Scholarships and Grants is not only to support their education but also to further the professional development of our clergy.

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The purpose of the Metropolitan John Scholarships and Grants is not only to help defray the financial burden of a seminary education, but also as a recognition of the choice to pursue a vocation to serve in our Church. We honor these men and acknowledge their endeavors. The commission is currently appealing for donations during its annual Fund Drive. We are asking all of the faithful in our parishes, as well as parish boards of administrations, Sisterhoods, and UOL Sr. and Jr. Chapters to contribute in this effort. We all know how crucial it is to our continued growth and strength that we have well educated spiritual leaders. We are far from our monetary goal, but we pray that you will respond as you have always in the past.

We are truly pleased to acknowledge those few who most recently have responded to our appeals:

Mrs. Natalie Corwin, New York
Daria and Mickey Komichak, New Jersey
St. John Sr. UOL Chapter, Sharon, Pa.

Please join in this effort—donations can and will support and honor those who have chosen to follow their calling.

Would You Like to be / have a Prayer Pal?
At the UOL Convention, one of the recommendations of the Youth Committee was to establish a cross-generational Prayer Pal Program. Once your name is submitted, it will be assigned to another participating individual, who will pray for you— for your health and wellbeing, your family and any special requests that you may have. In turn, you will be assigned a prayer pal for whom you will do likewise. You may, or may not, let the individual know that you have been selected to pray for them—that is your choice. If you are interested in having and becoming a prayer pal, please send your name, address and e-mail to Pani Matka Mary Anne Nekonachny, at: 3201 Marioncliff Drive, Parma, Ohio 44134 Phone: (440) 885-1509 Email: nackos3201@gmail.com

Very Rev. Protopresbyter Stephen Hallick-Holutiak Senior UOL Recognition Award, the Metro J. Baran Achievement Award or the UOL Distinguished National Service Award (descriptions of all awards were enclosed in the mailing). Also, it is imperative that all chapters complete the Convention Annual Report Form that was included in the awards mailing. This form allows the National Executive Board and other UOL members to be aware of your chapter’s activities. These forms are printed in the Annual Report that is distributed at the annual convention and is a chapter requirement. The Annual Report Form will also be used to determine the Senior UOL Chapter of the Year. The deadline for all paperwork is April 30.

By now all chapters should have received their Sr. Chapter Election and Convention Delegate forms. The deadline for these forms is June 15, and hopefully each chapter will be sending as many delegates as possible to the convention in Maplewood. It is my fervent wish that every UOL member attends the convention and actively participates in the committee deliberations. Those deliberations will not only guide the UOL in the forthcoming year, but also help to set long-term goals for the UOL, and every UOL member’s input is needed.

Those long-term goals will guide the UOL for years to come, and hence it is imperative that all UOL members take part in setting them. As such, please plan on attending this year’s convention, and bring all of your creative and constructive ideas for the UOL with you.

With the fiscal year winding down, I thank all who contributed to the UOL’s various fund-raising efforts, and note that it is never too late to make a donation. The Jr. UOL’s Great Lent Giveaway, the Sr. UOL’s Annual Fund Drive, and both the LSSK and MJSF fund drives are all still in full swing, so please contribute generously to these worthy causes.

Lastly, the spring meeting of both the Junior and Senior National Executive Boards will be held in Wilmington, DE on May 1. As always, everyone is welcome and I encourage anyone who is in the area, both Juniors and Seniors, to attend this meeting.

Yours in Christ, Oleh V. Bilinsky

MESSAGE FROM THE SENIOR UOL PRESIDENT
Oleh Bilinsky

Christ is Risen! Chryzostos Vorstsks!

I hope that you and all of your families enjoyed a blessed and joyous Pascha. As part of your preparations for Pascha I hope you had an opportunity to attend at least one of the UOL Lenten Retreats, and I look forward to seeing many of you in South Bound Brook for the weekend of Saint Thomas Sunday.

By now all chapters should have received the 2010 awards mailing. Please read the documents thoroughly and consider nominating a candidate for the Very Rev. Protopresbyter Stephen Hallick-Holutiak Senior UOL Recognition Award, the Metro J. Baran Achievement Award or the UOL Distinguished National Service Award (descriptions of all awards were enclosed in the mailing). Also, it is imperative that all chapters complete the Chapter Annual Report Form that was included in the awards mailing. This form allows the National Executive Board and other UOL members to be aware of your chapter’s activities. These forms are printed in the Annual Report that is distributed at the annual convention and is a chapter requirement. The Annual Report Form will also be used to determine the Senior UOL Chapter of the Year. The deadline for all paperwork is April 30.

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Yours in Christ,
Oleh V. Bilinsky

(Retreat - Villa Maria continued from page 1)

Vespers was followed by dinner, and then the goodbyes from all who attended the Lenten Retreat. After the day, the participants left feeling rejuvenated and looking forward to the Great Feast Day, Pascha.
63rd UOL Convention Update!

Spring is finally here! As we leave the snowy winter behind we are looking forward to summer. And summertime means it is UOL Convention time! The Senior and Junior Chapters of the Holy Ascension Ukrainian Orthodox League in Maplewood, New Jersey hope to see all of YOU at the 2010 UOL Convention in Morristown, New Jersey this coming July 28 thru August 1.

This year we are offering a variety of registration options and package deals designed to make it as easy and as affordable as possible for you and your whole family to attend the convention. Register early as a Senior delegate or guest by June 15 for only $195. This price includes admission to: two hospitality nights (Wednesday and Friday); Thursday brunch; a dinner cruise around New York harbor aboard the Majestic Princess; our “Night in the Carpathians” Friday night dinner and dance at the Ukrainian American Cultural Center of New Jersey in Whippany; the Saturday night 63rd Annual UOL Awards Banquet and Ball at the Hyatt in Morristown featuring the “zabava” band Hrim; and our Sunday brunch at Holy Ascension in Maplewood! Hurry—because after June 15, the price goes up to $215!

Clergy registration is $185, and pre-teen packets are $100. Junior delegate or guest registration is $190. To encourage families to attend, we offer a Family Early Registration for two adults and two Juniors for only $750. Additional Junior family members beyond the two included in the Family Packet are only $180 each.

For those who cannot attend the entire Convention, we have a weekend package available that provides admission to the convention events on Friday evening, Saturday evening, and the Sunday brunch for $145.

We will also offer an “à la carte” option for single tickets to individual events. If you have friends or family in the New Jersey / New York City area, invite them to come join us at these events without having to purchase a full registration packet. Do you know someone who cannot get away from work for the whole convention but would love to see their UOL friends again at the Banquet and Ball or enjoy a cruise around New York harbor? Let them know about these opportunities and invite them to join us!

Remember to call (800) 233-1234 to reserve your hotel room at the convention rate of $109 room/night at the Hyatt Morristown at Headquarters Plaza by July 1. This room rate even includes breakfast at the Hyatt on Friday and Saturday mornings. A limited number of rooms are also available at the $109 UOL Convention rate for the 3 days before and the 3 days after the Convention, so come early or stay late and enjoy the many world-class attractions in the New York City area.

It is also time to get your ad in to this year’s Commemorative Yearbook. The deadline for ads is May 15. Even if you cannot make it to this year’s convention, you can still show your support by purchasing an ad in the Yearbook! See our advertising contract for complete terms and prices.

Registration forms and advertising contracts are available on our website at uolnj.org or from your local UOL chapter president. You can also complete and submit your registration or yearbook ad information online at our website, and then separately send in your payment by check via US Mail. Please note, however, that to qualify for the Senior or Family Early Registration discounts your payment must be postmarked no later than June 15! And remember that yearbook ads are due May 15. We invite you to visit us online at uolnj.org for up-to-date information. Find us on Facebook at facebook.com/uolnj and follow us on Twitter at twitter.com/uolnj. You do not need to have a Facebook or Twitter account to view our information at those sites. Email us at reg2010@uolnj.org with your questions about registration or at ads2010@uolnj.org if you have questions about yearbook ads.

We are looking forward to seeing you and your family at this year’s convention... and please be sure to encourage your friends to attend as well! In Jesus’ Love,

The 2010 UOL Convention Committee
UOL WEBSITE UPDATE

The Public Relations Committee is proud to announce the relaunch of the official Ukrainian Orthodox League website. Thanks to webmaster Josh Oryhon we have a permanent online resource at: uol.orthodoxws.com.

Features:
- Download all important forms, including: Dues Payment, Annual Report and award nomination forms
- All information regarding the 63rd Annual UOL Convention which will be hosted by Holy Ascension Parish in Maplewood, NJ
- A link to the latest UOL Bulletin as well as archived issues
- A complete list of all UOL Commissions, Committees, and Chair People
- All chapter liaison information
- Information about how to donate to the Metropolitan John and L5SK Scholarship funds
- A full chapter directory
- Information regarding how to become a UOL Member-at-Large
- A News & Events section where any and all chapters can submit information regarding their local activities (special thanks to Sharon, PA for being the first chapter to submit information regarding an event!)
- A link to the official UOL Facebook page
- In the near future, a photo database of past Conventions and UOL activities

How can I get involved with this juggernaut of websites you may ask? SEND US STUFF!!

Having a luncheon? Let us know when!
Doing a fundraiser? Let us know what for!
Taking those rambunctious Junior UOLers someplace? Let us know where!

All you need to do is either:

send an email to J.meschisen@hotmail.com with all the details
fill out the form here: http://uol.orthodoxws/submission.html

The more content each chapter contributes to the site means the less space Josh and I will have to fill with our ever and ongoing debates which Junior National Executive Board was the best of all time: 1997-1998 or 2001-2002.

See you all in Maplewood!

John D. Meschisen and Joshua M. Oryhon

You Can Help to Nurture Vocations in Our Holy Ukrainian Orthodox Church!

We are blessed with men who are responding to their “Calling to the Priesthood.” Please help us to aid them and give generously to:

METROPOLITAN JOHN SCHOLARSHIP FUND

* First established and awarded by the Ukrainian Orthodox League in 1966
* Provides scholarships to seminarians preparing to enter the Holy Priesthood in the Ukrainian Orthodox Church
* Provides grants to Clergy of the Ukrainian Orthodox Church of the USA
* Many previous recipients are currently serving in the ranks of our Clergy

Please send donations to:
Pani Matka Linda Oryhon
623 Jennings Street
Endicott, NY 13760

Greetings from Woonsocket!
Submitted by Karen Erickson, Chapter President

Yes, it’s true! St. Michael’s has officially resurrected its Sr. UOL chapter. We have a few new faces on board, and are eager to begin our journey back into the world of the Ukrainian Orthodox League.

We’ve been busy right out of the gate, with our first project already underway — our very own food pantry! Over his time here, Father Anthony has received a high volume of phone calls and requests from members of the community who are struggling during this difficult economic time. As an organization, we decided to start a food pantry so there would always be food to provide for those in need. We set up a donation jar in the church hall, and kindly asked the parishioners to donate their “pocket change” in an effort to raise money. We raised a sizeable amount over the course of a few months, and were able to stock our pantry with over 400 items! This will be an ongoing project, and we will be sure to keep you updated on its progress.

Our second endeavor involves being social and spiritual. In an effort to increase attendance at Vespers, the Sr. UOL will sponsor a monthly Saturday Social Hour following the Vespers service. It will be run in the same fashion as Coffee Hour, and we are hoping to increase attendance and morale among our parishioners. March 20th is our first scheduled event, and we are hoping it will be met with great success!

We have a few other fresh ideas in store for the upcoming year, including hosting a Blood Drive and taking time to visit the shut-ins on a monthly basis. I am truly excited over the interest our new group has generated, and am excited to see what the future holds for us.

Stay tuned, we have lots of great things in store for 2010!

(Retreat - Bethlehem continued from page 1)

After lunch, Fr. Frank Estocin and Fr. Myron Oryhon graciously filled in for His Eminence Archbishop Antony who was unable to attend due to illness. They spoke about forgiveness.

Next all of the clergy joined to form a panel where any and all questions about Confession could be asked. The discussion was lively and many questions were generated. The questions sparked more questions and you might see some of the questions in the pages of the UOL Bulletin, as many of the questions were forwarded to Fr. John Harvey.

A tradition of the Lenten Retreat has been the games that challenge knowledge of the topic. This year the Crayosky sisters and Janet Connors-Hanninen were the grand prize winners, and won all three contests.

It was beautiful and sunny, the first lovely spring day of the year and we served Vespers outside. We have been lucky to have wonderful weather for the retreat and it has become a tradition to serve Vespers outside.

The next morning the participants joined the Allentown parish for Divine Liturgy and joined the parish family for a wonderful Lenten brunch. Special thanks to the speakers, the Allentown Senior UOL Chapter who hosted the Sunday Brunch, and our Spiritual Father for the Retreat, Fr. Oryhon.

After the Brunch, the participants packed up and headed to the Allentown Senior UOL Chapter Retreat in Bethlehem. Fr. Oryhon graciously hosted the retreat and our Sr. UOL Chapter.”

Please help us to aid them and give generously to:

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Pani Matka Linda Oryhon
623 Jennings Street
Endicott, NY 13760

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Stuffed Animals!!

Keeping the competition in the corner, the Jr. UOL of St. Michael’s was unable to win the stuffed animal contest. However, all other games were won! The Crayosky sisters were the grand prize winners, and won all three contests.

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St. Mary’s Protectress Southfield Jr. UOL Chapter
Submitted by Natalie Serdiuk Jr. UOL President

Our chapter of the Jr. U.O.L. started the new Church year by organizing games at the Church Picnic in August. We took the opportunity to also hold a membership drive that day. We now have 19 members! In September, we met to plan our new calendar year. The newly elected Jr. Board was introduced. The newly elected president of the Junior Chapter is Natalka Serdiuk. This year we have two vice-presidents, Andrew Powers and Elizabeth Jones. Yarema Petrusha and Lesia Powers were elected as co-secretaries and Michael Powers is our chapter treasurer.

In September, October, and November we were busy holding our monthly meetings and religious instruction, as well as hosting fellowship hour twice a month. On our Feast Day Celebration (Pokrova), we passed out icon prayer cards to all of our parishioners. We created these prayer cards with the image of the Pokrova icon hanging in our Altar, with a prayer dedicated to the Protection of the Holy Mother of God on the reverse side. These were available in both Ukrainian and English. Additionally, in order to add to the festive spirit of the day, we decorated the outside gates of the Church with wreaths. Most rewarding of all was being able to participate and take part in the Divine Liturgy. In November, we held a canned food drive for the needy in our immediate community.

In December we set up a Christmas Store, held our monthly religious meeting, attended our diocesan education class and hosted a Friendship Hour on St. Nicholas’ Day. We decorated the Christmas tree in church, held a donation drive for St. Herman’s House in Cleveland, and decorated the Church grounds with winter wreaths, as well. On Christmas Day we greeted our parishioners with Nativity icons. On January 10th, the Junior Chapter hosted a Christmas luncheon and Christmas program in our church hall for our entire congregation. We also held a raffle of items donated by our parishioners. Later that same month Junior members took part in the Theophany services and distributed holy water to our elderly, ailing and shut-in parishioners.

In early February we collected funds for St. Andrew’s Soup Kitchens in Ukraine. Additionally, on Cheesefare Sunday we hosted a Crepe luncheon, which was a lot. We have really united together this month.

We eagerly look forward to many more activities this Spring.

The UOL Chapter Advisor submitted the following picture and added that the Jr. UOL Chapter President attended the Ukrainian Engineers’ Society of America-Detroit Branch Debutante Winter Ball on February 13, 2010 in Warren, Michigan. Debutante Natalie Serdiuk, St. Mary’s-Southfield Jr. UOL Chapter President was escorted by Gregory Markiw, Jr. UOL Vice-President.

St. John’s Junior UOL
Submitted by Advisor Beth Harendza

Over the course of February, St. John’s Ukrainian Jr. UOL has accomplished a lot. We have really united together this month.

Many of our Jr. UOL members joined in the icon procession in the Vesper service celebrating Sunday of Orthodoxy. It was held at the Annunciation Greek Orthodox Church in Vestal. It was a great experience for us to be a part of this.

We are planning a painting party to put the finishing touches on our Jr’s coat room. We are very excited! Each member has also been working very hard on our Jr. UOL cultural contest project for convention.

During the Lenten season our Jr’s gather at the church hall twice a week for Pysanky classes. We have guest artists from our parish join us each week to share their talents. Families take turns bringing a meal to share. It’s a fun and great way to connect.

UOL EDUCATION COMMISSION ANNUAL ESSAY CONTEST

"Train up a child in the way he should go: and when he is old, he will not depart from it."

Proverbs 22:6

Pre-school/Kindergarten

Draw a picture of your church.

Grades 1 & 2 (two sentences & a picture)

Draw a picture of your family in church, and tell why you like going to church.

Grades 3 & 4 (three or four sentences, and a picture may be included)

Tell how you feel when you are in church.

Grades 5 & 6 (35 to 50 words)

Explain why it is important for you and your family to attend the Divine Liturgy.

Grades 7 & 8 (75 words)

During the Liturgy, the priest or bishop says “Let us lift up our hearts.” How does this make you feel?

Grades 9 & 10 (150 - 200 words)

Tell of a situation in which your faith guided you in a difficult situation.

Grades 11 & 12 (200 to 500 words)

How does weekly participation in the sacrament of communion prepare you to live, on a daily basis, as an Orthodox Christian?

Adult 18 and over (500 words)

In what ways can you/we, as Orthodox Christians, “Train up a Child in the Way He Should Go: and When He Is Old, He Will Not Depart From It.”

CONTEST GUIDELINES AND RULES

1. Entries must be postmarked by May 30th, 2010. NO ENTRIES WILL BE ACCEPTED AFTER MAY 30TH 2010

2. NO NAMES ON THE FRONT OF ANY ENTRY.

3. All entries must include the following information: Participant’s first and last name, age, grade, and the name and address of participant’s parish, including city and state.

4. Drawings no larger than 12” x 18” and NO name on the front of drawing. Please attach a COVER PAGE or use the BACK of the drawing for the information listed above.

5. Written entries must be on 8 ½” x 11” papers. Include a cover page with the identifying information listed above. Entries for 9th grade and above must be typed or printed.

ALL ENTRIES WILL BE JUDGED FOR CONTENT, CREATIVITY AND NEATNESS.

Mail entries to:

UOL Essay Contest
C/o Shirley Skocypec
135 Davidson Avenue

100 Davidson Avenue

NEATNESS.
Great Lent Giveaway
Submitted by Natalie Kapeluck Nixon

The Great Lent Giveaway (GLG) is designed to give our youth the opportunity to do good works for others during Great Lent. In addition to doing good works, they learn more about their faith and devote additional time to learning, prayer and fasting during this season of preparation for Pascha. The GLG is a joint project of the Jr. Ukrainian Orthodox League and Consistory Office of Youth & Young Adult Ministry. With the blessing of our Hierarchs, the GLG of 2010 will benefit the Orthodox Christian Prison Ministry (OCPM). OCPM is the official outreach to prisoners of the Standing Conference of Canonical Orthodox Bishops in the Americas (SCOBA). They minister to prisoners and their families by mobilizing the Church to work in this important vineyard of the Kingdom of Heaven.

Learn more about OCPM at www.ocpm-scoba.org

The full program is broken into two age groups. The GLG program may be used any time throughout the year, not just during Great Lent. Please modify it for your needs. In an effort to reduce consumption of resources and live as better caretakers of our Lord’s creation, the full program is available in one of two ways:

2. Requesting a printed version from the Office of Youth & Young Adult Ministry

We encourage you to construct a program using the full program materials, as well as your own ideas, to make the GLG more than just a fundraising effort. A program that is carried out throughout Great Lent, through the spring, will help the youth of your parish more fully understand the importance and beauty of mission work during fasting periods.

Deadline for the GLG funds are June 1, 2010. Information on where to send them is included in the packet information.

For further information contact: Ethan Rock, Jr UOL, ejrock@aol.com or Natalie Kapeluck Nixon, OYM, uocyouth@aol.com

Go Forth, Make Disciples of All Nations

2010 Ukrainian Orthodox Church Camping Programs

Information and Applications
Available at www.uocyou.org, uocyouth@aol.com or 412-279-1076

Staff needed for all programs

Diocesan Church School Camp
June 25-July 10
Children ages 9-13

Teenage Conference
July 11-24
Teenagers ages 13-18

Mommy & Me/Daddy & Me
August 2-6
Children ages 4-8 and parents

The Junior UOL is turning 50!

We will be celebrating the Golden Anniversary of the Junior UOL Convention at the UOL Convention in Philadelphia in 2011!

We are planning a Junior UOL Reunion Event at the Convention.

Tell your friends to start planning now for July 2011.

Submit name for the UOL Reunion list to Natalie Bilynsky at nsufler@aol.com or Andrea Karbownik Swan at aps6@comcast.net

Make your plans to attend:

Ukrainian Days Festival
July 17 & 18, 2010
St. John the Baptist Church
Johnson City, NY 13790

www.stjohnuoc.org

NOTE TO ALL PARISHES:

**We encourage all parishes to send delegates and interested persons to the meeting. Please fill out the delegate form below and return it to Christine Mills by April 10, 2010.

Parish Name:
Delegate Name:
Alternate Delegate Name:

Parish Priest Signature:

Please send to: Christine Mills 641 North Allerton Ct. Moon Township, PA 15108

All Saints Ukrainian Orthodox Camp Annual Meeting
Saturday, April 17, 2010 2:00 PM
St. John the Baptist Church Sharon, PA

The All Saints Camp Annual Meeting will be held on Saturday, April 17, 2010 at St. John the Baptist Church, Sharon, PA. The meeting will start at 2:00 PM. All Saints Camp provides an invaluable ministry to our church family and we encourage each parish and parishioner to get involved in this worthwhile organization. We will be discussing the upcoming season and future camp developments. It is very important that anyone who is interested in helping the camp in anyway to please attend. We ask that all parishes and parish organizations send delegates to this meeting since this is the annual meeting. If you have any questions or need more information you can contact Emil Skocypec (732) 805-3329, Eric Senedak (412) 390-8261, or Christine Mills at (412) 716-0562. Thank you and we hope to see you at the meeting!

Christine Mills
Secretary

Submitted by Natalie Kapeluck Nixon

Ukrainian traditions are closely tied to our Orthodox faith. In Ukraine many customs grew from patterns of observing religious feast days or religious fasts. One specific way that Holy Days and Fasts were commemorated was through food. To explore these traditions each issue of the UOL Bulletin a specific food item traditionally prepared for that time of the year will be described. A recipe for the food will also be included.

Annunciation commemorates the day that Archangel Gabriel proclaimed to the Theotokos that she would give birth to the Son of God, and is celebrated on April 7th. Typically, this Feast Day occurs during Great Lent, therefore the menu of this Feast day was typically Lenten. It was very common to serve deruny (potato pancakes) for Annunciation.

Ingredients:
4 potatoes
1 small onion (finely chopped)
2 large eggs beaten
½ cup flour
Oil
Chop onion. Peel, cut and grate the potatoes. Add beaten eggs and flour to potato and onion mixture. Mix gently. Heat oil in skillet. Drop batter into oil by the spoonful. Brown each side.

Serve with sour cream.

(Information and recipes compiled from Traditional Ukrainian Cuisine by Lidia Artiukh, 2006, Baltia Druk)
The True Faith In Theory And Practice
Fr. John W. Harvey

At the basis of our stance as Orthodox Christians we proudly attest to the fact that this is the True Church. All other Christian denominations, even the Roman Catholics, have gradations of the whole truth and limp, so to speak. We have received the fullness of doctrine through Tradition, the Holy Scriptures and Patristic teaching without fads or fancies or spats of unbeliefs. This is a magnificent record of some 2000 years of saying the selfsame thing, in all corners of the Orthodox world. As Ukrainian Orthodox Christians we are part of this glorious heritage and we have the privilege of spreading this heritage wherever in the world we happen to go. On the Sunday of Orthodoxy we can put ourselves on this back for the agedold steadfastness. Looking at other Christians we see that even within denominations basic issues of doctrine or morals can substantially vary between congregations and what they taught a century ago may be passe now. All this helps to give the Orthodox a certain smugness and can lead to an unwarranted arrogance.

By being alone in holding onto the undivided faith, there comes a duty not only of continued conservation of its fullness, but also the necessity of spreading it to the spiritually hungry of the world. History has not dealt the Orthodox a good hand in that for the past millennium, Orthodoxy has had to battle for its existence against the continuous existence of the Islam. The rise of Islam hit the land of Orthodoxy in Africa, in the Middle East and across the Balkans. Without the miracle which took place at Pochaiv, Turks and Islam would have placed Poland and Ukraine also firmly under their hegemony.

In all Islamic dominated lands great apostasy to Islam occurred and for those remaining as Christians, a second class existence would be their lot. Martyrdoms took place, sons were taken to be Moslem soldiers (Janisaries) and a financial burden was extracted from Christians. In such a harsh atmosphere, Orthodoxy had to fight and bide its time just to stay in existence. Missionary work was out of the question. Comes the twentieth century and the horrors of Communistism cover the Balkans, Eastern Europe, Ukraine, Russia and all across the wide territory of Siberia. To keep the faith alive under the stress of the Communist system was a difficult chore and again missionary work outside was impossible.

Times have changed and Orthodoxy now mounts fruitful missionary work in many parts of the world. Our own diocese supports the marvelous work of the Orthodox Christian Mission center, so check out their website to learn of the work.

Our own diocese has worked to conserve the parishes it has held over the decades. The fruit of the different waves of immigration from Ukrainian lands. Now, jobs have caused many people to move to parts of the country where we have no diocesan churches and often no Orthodox churches at all. It came to my notice especially when one young man from this parish found a job in another city. Although the place was a good size, still a longish drive would be necessary to reach any Orthodox church at all.

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As resources and opportunity allows, presently our church is doing just that. Las Cruces, New Mexico is a good sized town and we have found a niche there as missionaries, which is beginning to bear fruit. Orthodox have planted missions in other New Mexico cities and towns, but we are the first in this place. Charlottesville, Virginia was not only a fruitful vineyard, but has been a spawner of vocations. It is no longer a mission, but has matured into a mission-minded parish. Bel Air, MD and Dover, Delaware are other spots in which an active outreach is taking place. Looking at the map of America, these missions may seem modest, but with the resources that are available, a truly blessed work is being done. Let us pray that all jurisdictions have this push from the Holy Spirit to plant seeds in the cities and towns where no Orthodox witness exists.

Let our holding of the true faith be not a smug arrogant boast, but rather the realization that we have the evangelization of America as a massive goal and burden on our soul. We are not to forget the Ukrainians that are our first duty to conserve as pious Orthodox, but our mission is as wide as America.
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